



ESH Summer School in Latin America

May 19-20, 2017
México DF, México

Secretariat of the ESH Foundation for Educational Activities:
Renata Cífková, Prague, Czech Republic

Director of 2017 ESH-LATAM Summer School:
Antonio Coca, Barcelona, Spain
(European Society of Hypertension)

Thursday May 18th

Arrival of participants in México-DF. Transfers will be organized to the Hotel for those not living in México-DF.

Friday May 19th

- 09:00-09:30 **Welcome to the ESH-LATAM Summer School**
Antonio Coca and Renata Cífková.
Short introduction of participants
- 09:30-10:15 **Cardiovascular risk factors in Mexico and Latin America**
José Parra, Guadalajara, México
- 10:15-11:00 **Hypertension and large arteries**
Juan Verdejo, México-DF, México
- 11:00-11:30 Coffee break
- 11:30-12:15 **Hypertension and the brain**
Antonio Coca, Barcelona, Spain
- 12:15-13:00 **Hypertension in pregnancy**
Renata Cífková, Prague, Czech Republic
- 13:00-14:30 Lunch

- 14:30-15:15 **Hypertension and the kidney**
Josep Redón, Valencia, Spain
- 15:15-16:00 **LATAM Consensus: What's new and what's different?**
Patricio López-Jaramillo, Bucaramanga, Colombia
- 16:00-16:45 **Microvessel disease in hypertension**
Enrico Agabiti-Rosei, Brescia, Italy
- 16:45-17:15 Coffee break
- 17:15-18:00 **Blood pressure targets for cardiovascular prevention**
Giuseppe Mancia, Milan, Italy
- 18:00-18:45 **How to improve blood pressure control in Latin America: 20x20 Project**
Patricio López-Jaramillo, Bucaramanga, Colombia
- 18:45 End of the first day

Saturday, May 20th

- 09:00-09:45 **Ambulatory blood pressure monitoring (ABPM) and home self-blood pressure measurement (HBPM)**
Josep Redón, Valencia, Spain
- 09:45-10:30 **Adherence to treatment**
Giuseppe Mancia, Milan, Italy
- 10:30-11:15 **Resistant hypertension**
Antonio Coca, Barcelona, Spain
- 11:15-11:45 Coffee break
- 11:45-12:30 **Hypertension and the heart**
Enrico Agabiti-Rosei, Brescia, Italy
- 12:30-13:15 **Hypertension and atrial fibrillation**
Athanasios Manolis, Athens, Greece
- 13:15-14:30 Lunch
- 14:30-15:15 **Management of perioperative hypertension**
Renata Cífková, Prague, Czech Republic

- 15:15-15:45 **Non-pharmacologic treatment of hypertension: how to implement life style measures in Latin America?**
José Parra Carrillo, Guadalajara, México
- 15:45-16:30 **Interventional treatment of hypertension**
Fernando Wyss, Guatemala City, Guatemala
- 16:30-17:00 Coffe break
- 17:00-17:45 **Treatment of hypertension in diabetic patients**
Enrique Gómez, México DF, México
- 17:45-18:30 **Isolated systolic hypertension**
Luis Alcocer, Mexico-DF, México
- 18:30-19:15 **Secondary forms of hypertension**
Eduardo Meaney, México-DF, México
- 19:15 **Closure**
Luis Alcocer, México DF, México

